Speaker Biographies



Dr Rhonda Tombros, BA, LLB (Hons), LLM, and DPhil (Oxon)

Rhonda is a human rights lawyer, currently working at Melbourne Law School and Mother & Child Health Research, La Trobe University. She has an interest in a variety of medicolegal issues related to childbirth. As a result of her own experience in carrying a breechpresenting baby, Rhonda formed Breech Birth Australia and New Zealand (www.breechbirth. net), a consumer support group for the mothers of breech babies. Rhonda is qualified to practice as a lawyer in New Zealand, England and Australia.



Michelle Underwood, RM, Dip Mid, MSc (Melbourne only)

Michelle has been a midwife since 1995. She was among the first cohorts in the UK to do direct entry midwifery. She practised at St Mary's Hospital, Manchester, a large tertiary referral centre for 10 years before moving to Stepping Hill Hospital to become an Advanced Midwife Practitioner (AMP) for 5 years. Michelle came to Sydney in 2009 first working at the birth centre, Royal Prince Alfred hospital before taking up the position of Clinical Midwifery Consultant at Westmead. One of her first jobs was to set up the breech clinic with Dr Andrew Pesce. Now that the breech clinic is established, they are currently developing homebirth and next birth after caesarean services.



Andrew Bisits, FRACOG (Perth Only)

Andrew is a Senior Staff Specialist at the Royal Hospital for Women in Sydney, Australia. Previously he was Medical Director of Obstetrics at John Hunter Hospital, another large teaching hospital in Newcastle, NSW, Australia. He has been a strong support for, and respectful advocate of, midwives and midwife-centred care for many years. One of his interests is keeping alive skills for vaginal breech births, Papers about his experiences have been published in professional journals and as part of the International Vaginal Breech Trial Study.

Registration

Name		
Address		
Pos	stcode	
Phone		
Email		
Occupation		
Place of work		
Special dietary needs (morning tea, afternoon	tea and lunch prov	vided)
(diabetic/vegetarian/dairy free/gluten free) Other		
Location		
Perth Melbourne		
Prices		
Earlybird (please pay before November & Full price	ōth)	\$295 \$345
	TOTAL \$	
Payment options		
☐ Cash ☐ Cheque ☐ Money Order Card type: ☐ Visa ☐ Mastercard	Credit Ca	rd
Credit Card Number	Expiry Date	CVV
Card Holder's Name		
Cheque or Money order can be made paya Australian Lactation Management Associate		
Please forward completed form and payme 41 Heath Marsh Road Panmure, Vic 3265	ent to:	
ABN 83 820 560 346 - Barbara Glare		
It's easier to book online!		
To book online go to: www.breastfeedingconferences.com.a	au	

Into the Breech



A workshop on breech birth

Perth – December 3rd 2013 **Melbourne –** December 5th 2013

VENUES

Perth

Lecture Theatre
Perth Zoo
20 Labouchere Road
South Perth WA

Melbourne

The Treacy Centre 126 The Ave Parkville Vic



About this seminar

Vaginal breech birth will inevitably occur, whether planned or unplanned. However, due to the current obstetric practice to schedule all breech presentations for caesarean section, skills in vaginal breech birth are now lacking. Into the Breech will address the clinical evidence about the safety of vaginal breech birth and the best practice for clinicians who support women in vaginal breech birth, whether diagnosed or undiagnosed. The course will cover the mechanisms of physiological breech birth; how and when to help when the breech does not descend; and original research about the differences in women's pelvises and the outcomes for mother and baby when birthing in upright positioning. Into the Breech provides up to date information about opportunities to access vaginal breech birth in Australia and the set-up of specialist breech clinics, here and internationally. It also includes a medico-legal discussion of the requirements of informed consent both to vaginal breech birth and caesarean section for breech presentation. The key speakers include an international panel of obstetricians and midwives with substantial experience supporting women in vaginal breech birth.

Who should attend this seminar?

Into the Breech is a full day course for trainee obstetricians, obstetricians, GP-obstetricians and registered midwives.

Accreditation

RANZCOG: This meeting has been approved as a RANZCOG Approved O&G Meeting and eligible Fellows of this College will earn 7 CPD points for attendance.

ACM: MidPLUS points have been applied for. ACRRM: Accreditation has been applied for.

Program

8.30	Registrations – Tea and Coffee	
8.50	Welcome and introductions	
9.00	Breech birth in Australia	Rhonda Tombros
9.10	Presenting Breech – the research	Shawn Walker
9.40	Mechanisms of normal breech birth	Shawn Walker
10.20	Hands & knees position – The Frankfurt videos	Anke Reitter
11.00	Morning tea	
11.20	When and how to help	Anke Reitter
12.00	Hands & knees position – The Frankfurt data	Anke Reitter
12.30	Lunch	
13.30	Workshops	Shawn Walker
		Anke Reitter
		Andrew Bisits (Perth only)
		Michelle Underwood (Melbourne only)
14.30	Informed consent to breech birth	Rhonda Tombros
15.00	Afternoon tea	
15.20	Breech pathways in Australia	Michelle Underwood (Perth only)
		Andrew Bisits (Melbourne only)
15.50	The James Paget HeadsUp! Breech pathway	Shawn Walker
16.30	Close	

Speaker Biographies



Dr. Anke Reitter, FRCOG

Anke is a senior OBGYN in clinical practice at the University Hospital of Frankfurt. Anke was born in Frankfurt, Germany. She studied medicine in Germany and qualified after first working in Great Britain. During her studies Anke worked in India and the United States. She got her first working experience as a doctor in England, practicing there for 4 years. She successfully completed her training with becoming a member of the Royal College of Obstetrician and Gynaecologist (RCOG). Returning to Germany, she became a specialist in perinatal medicine. Since 2003 she has practiced in the Obstetrics and Gynaecology department at the University Hospital Frankfurt. Her special interest lies in breech, multiple pregnancies, high risk pregnancies and prenatal ultrasound. In September 2012 she became a Fellow of the RCOG. From October 2013 she is joining Andrew Bisitis team at the UNSW for 6 months as a research fellow.



Shawn Walker

Shawn is the Breech Specialist Midwife at the James Paget University Hospital in Gorleston, Norfolk, UK. She originally trained in the US, working mainly in out-of-hospital settings. Her interest in breech arose while working as an Independent Midwife in the UK, when she was contacted frequently by women who felt unsupported by mainstream services to birth their breech babies vaginally. Shawn felt passionately that these women should be able to birth in hospital, with a confident attendant and support from the entire multi-professional team. The Paget's Heads Up Breech Clinic, which provides presentation scans, counselling, ECV services and continuity for vaginal breech births, was shortlisted for a Royal College of Midwives Excellence in Maternity Care Award in 2013. In addition to her clinical work, Shawn is currently conducting research on the core competencies for practitioners of external cephalic version (ECV), to enable a recognised training pathway for midwife practitioners, and is writing a PhD about breech maternity care cultures.